

New Charles Pinckney Elementary Program Offers Bottled Water for Lunch

Dear CPES Parents:

Mark your calendar: Beginning **Thursday**, October 10, Charles Pinckney Elementary Cafeteria will offer **bottled water** (16 ounces) as an alternative to **white and chocolate milk** for school lunch. Students can choose one or the other, but not both. For those students who do not participate in our lunch program, bottled water can now be purchased for only **\$0.50**.

Water has many **benefits** including: helping control calories; transportation of nutrients; hydration; energizing muscle cells; skin health; and maintaining normal kidney and bowel functions.

One goal of the CPES Cafeteria is to continually **improve** and **expand** our menu choices. We hope this addition provides your child with another enjoyable option at lunch time.

If you have any **questions**, please contact your CPES cafeteria manager (Shelli Boris) at 856-4592 or call CCSD Food and Nutrition Services at 746-1376.

Thanks,
Charles Pinckney Elementary Cafeteria